SRC

BLS-AED-SRC ALGORITHM 2021

**Rapid security control
of the environment**

↓

**Unresponsive person
Absent or abnormal breathing**

↓

**Shout for help
Call 144
Get, or send for, an AED**

↓

**30 chest compressions
followed by 2 rescue breaths**

Chest compressions
- Pression point in the center of the chest
- 100-120/min
- 5–6 cm
- Complete release
- Minimal interruptions
- Hard surface if possible

Children
- If no mobile phone available, 1 minute CPR before alerting
- Start with 5 ventilations
- Ratio 15:2
- Chest compressions 1/3rd depth of chest

↓

**As soon as AED arrives
switch it on
and follow instructions**

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